

Overview Of The Husband's Level Of Knowledge About Sexual Intercourse During Pregnancy Third Trimester At Bpm Sri Lumintu

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Abstract.

A father-to-be will be very concerned about the condition of pregnant women and avoid sex for fear of injuring the baby. The results of a preliminary study at BPM Sri Lumintu conducted interviews with 10 husbands who drove pregnant wives to the third trimester obtained data that 4 husbands had sex feeling worried and anxious, 3 husbands had decreased, and 3 husbands did not have intercourse because they were afraid of the condition of the fetus. Purpose: knowing the picture of the husband's level of knowledge about sexual intercourse during the third trimester of pregnancy. Methods: Descriptive research methods, longitudinal time approaches and accidental sampling techniques of the study population of 45 people sampled 33 respondents. Pearson product moment validity test and α -Cronbach reliability test. Results: the husband's level of knowledge about sexual intercourse during pregnancy trimester III is sufficient (42.2%), Good needs (55.6%), problems are sufficient and less (37.8%), attitude changes are less (37.8%), moderate activity (51.1%), good position (55.6%)

Keywords: *Most husbands are knowledgeable enough.*

I. INTRODUCTION

A man's first reaction when he learns that he is going to be a father is the emergence of pride in his ability to have offspring mixed with concerns about his readiness to be a father and be the breadwinner for his family. A father-to-be may be very concerned about the condition of the mother who is starting to get pregnant and avoid sex for fear of injuring the baby. There are also men whose sex desire for pregnant women is sometimes greater. In addition to the response he shows, a father needs to be able to understand this situation and accept it. During pregnancy a woman's body changes, these changes sometimes feel uncomfortable, but are generally normal. Among them are changes in diet and sleep patterns, changes in body and discomfort, and changes in feelings and emotions (worry and fear and feelings about sexual intercourse). Various reactions occur in fathers-to-be and future mothers, when it comes to the interest in having sex during pregnancy. There are several good reasons why sex drive may decline during pregnancy.

The husband is very focused on having sexual intercourse on the baby and the shadow will become a father so that the husband's sexual desire occupies. These feelings will get worse if with mis-communication between partners, the man thinks his wife is not interested, so unconsciously freezes his own desires. Women think her husband is not interested, thus extinguishing his sexual desires. According to researchers from the University of Malaya Malaysia, there is no difference between women who have sex and not before giving birth. The research team revealed that sexual intercourse tends to be safe before amniotic water breaks. According to Dr. Chiong researchers previously did have a reason why sexual intercourse can trigger contractions. That's because semen contains the hormone substance prostaglandin, which is used in the form of synthesis to induce labor. Researchers have previously also revealed that orgasm can trigger uterine contractions. Several previous studies have also investigated whether sex can actually start the process of giving birth, but only a small number of cases prove it. The research team asked pregnant women to have sex during the last weeks of pregnancy. This is done on the grounds that it can help them avoid medical induction. The researchers invited more than 1,100 women to participate. The gestational age reaches 35-38 weeks pregnant, and none have had sex six weeks before.

II. METHODS

This research uses descriptive research methods, based on the time of its approach using longitudinal. This research was conducted at BPM Sri Lumintu, Surakarta. This implementation time was held in November 2021 – February 2022. The population in this study is a man who has a third trimester pregnant wife who took his wife to check the pregnancy at BPM Sri Lumintu Surakarta in November 2021 as many as 45 people. The sample consists of an affordable portion of the population that can be used as a research subject through sampling. The criteria for the inclusion of respondents used in this study were respondents who met the husband of the wife of the third trimester pregnant woman who drove her wife to check the pregnancy at BPM Sri Lumintu. The exclusion criteria for respondents who do not meet the criteria are the husband of the wife of a third trimester pregnant woman who takes her wife to check the pregnancy at BPM Sri Lumintu who is not willing to be a respondent. Sampling technique is accidental sampling, that is a man who has a wife pregnant trimester III. The type of variable in this study is a single variable that is the level of knowledge of the husband about sexual intercourse during pregnancy.

III. RESULT AND DISCUSSION

The study aimed to find out the level of knowledge of the husband about sexual intercourse during the third trimester of pregnancy at BPM Sri Lumintu, with the following results:

1. Characteristics of Respondents

a. Education

The results of the study characteristics of respondents based on husband education at BPM Sri Lumintu Surakarta, can be seen in the following table:

Table 4.1. Characteristics of Respondents Based on Husband Education
a BPM Sri Lumintu Surakarta

No	Education	Sum	Percentage (%)
1	SD	4	8,8
2	SMP	8	20
3	SMA	23	51,1
4	Diploma/S1	10	18,2
	Total	45	100,0

Source: Primary Data (April, 2022)

b. Work

The results of the study characteristics of respondents based on the work of husbands at BPM Sri Lumintu Surakarta, can be seen in the following table:

Table 4.2. Characteristics of Respondents Based on Husband's Work at BPM Sri Lumintu Surakarta

No	Work	Sum	Percentage (%)
1	Privat	19	42,2
2	Laborer	10	22,2
3	PNS	8	17,8
4	Self Employed	8	17,8
	Total	45	100,0

Source: Primary Data (April, 2022)

c. Age

Results of research characteristics of respondents based on the age of the husband at BPM Sri Lumintu Surakarta, it can be seen in the following table:

Table 4.3. Characteristics of respondents Based on The Age of Husbands in BPM Sri Lumintu Surakarta

No	Age	Sum	Percentage (%)
1	26-30 tahun	28	62,2
2	31-35 tahun	12	26,7

3	36-40 tahun	5	11,1
	Total	45	100,0

Source: Primary Data (April, 2022)

2. Results of respondents' knowledge

The results of the husband's knowledge level of research about sexual intercourse during pregnancy trimester III, can be seen in the following table:

Table 4.4. Husband's Level of Knowledge About Sexual Intercourse During Pregnancy Trimester III

No	Knowledge	Sum	Percentage (%)
1	Good	16	35,6
2	Enough	19	42,2
3	Less	10	22,2
	Total	45	100,0

Source: Primary Data (April, 2022)

a. Husband's sexual needs during third trimester pregnancy

Table 4.5. Sexual Needs of husbands during pregnancy trimester III

No	Knowledge	Sum	Percentage (%)
1	Good	25	55,6
2	Less	20	44,4
	Total	45	100,0

Source: Primary Data (April, 2022)

b. Husband's sexual problems during the third trimester of pregnancy

Table 4.6. Problems of husband's sexual intercourse during pregnancy trimester III

No	Knowledge	Sum	Percentage (%)
1	Good	11	24,4
2	Enough	17	37,8
3	Less	17	37,8
	Total	45	100,0

Source: Primary Data (April, 2022)

c. Changes in attitude towards the husband's sexual intercourse during the third trimester of pregnancy

Table 4.7. Changes in attitudes towards husband's sexual relations during third trimester pregnancy

No	Knowledge	Sum	Percentage (%)
1	Good	13	28,9
2	Enough	15	33,3
3	Less	17	37,8
	Total	45	100,0

Source: Primary Data (April, 2022)

d. Sexual activity of the husband during the third trimester of pregnancy

Table 4.8. Sexual activity of the husband during the third trimester of pregnancy

No	Knowledge	Sum	Percentage (%)
1	Good	17	37,8
2	Enough	23	51,1
3	Less	5	11,1
	Total	45	100,0

Source: Primary Data (April, 2022)

e. The position of the husband's sexual intercourse during the third trimester of pregnancy

Table 4.9. Position of the husband's sexual intercourse during the third trimester of pregnancy

No	Knowledge	Sum	Percentage (%)
1	Good	25	55,6

2	Enough	14	31,1
3	Less	6	13,3
Total		45	100,0

IV. CONCLUSION

Research aimed at knowing the level of knowledge of husbands about sexual intercourse during pregnancy trimester III at BPM Sri Lumintu, can be concluded as follows:

1. The husband's level of knowledge about sexual intercourse during the third trimester of pregnancy is mostly with sufficient knowledge, which is as many as 19 respondents (42.2%).
2. The husband's level of knowledge about sexual intercourse during pregnancy in the third trimester of pregnancy in the indicators of sexual needs is mostly with a level of good knowledge as many as 25 respondents (55.6%).
3. The level of the husband's knowledge about sexual intercourse during pregnancy in the third trimester of pregnancy on the indicator of the husband's sexual relations problems during the third trimester pregnancy is mostly with a sufficient level of knowledge and less as many as 17 respondents (37.8%).
4. The level of knowledge of the husband about sexual relations during pregnancy trimester III on indicators of changes in attitudes towards the sexual relationship of the husband respondents who have a level of knowledge less as much as 17 respondents (37.8%).
5. The level of knowledge of the husband about sexual intercourse during the third trimester of pregnancy on the indicators of the husband's partial sexual activity. With a sufficient level of knowledge as many as 23 respondents (51.1%).
6. The level of the husband's knowledge about sexual intercourse during the third trimester of pregnancy on the indicator of the position of the husband's sexual relationship is mostly with a level of good knowledge as much as 25 respondents (55.6%).

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